Family Packing List

Overnight Trip For Parents

Clothes for everyone

- [ ] Outfit per day + 1 spare
- [ ] Pajamas
- [ ] Underwear & socks
- [ ] Evening hoodies
- [ ] Swimsuits
- [ ] Walking shoes + flip-flops
- [ ] Hats & sunglasses

Toiletries

- [ ] Toothbrushes & paste
- [ ] Shampoo, soap, conditioner
- [ ] Deodorant
- [ ] Comb & hair ties
- [ ] Towels (if not provided)
- [ ] Wet wipes

Health

- [ ] Regular meds
- [ ] Pain relief for kids & adults
- [ ] Thermometer
- [ ] Band-aids & antiseptic
- [ ] Sunscreen
- [ ] Bug spray

Tech

- [ ] Phones + chargers
- [ ] Multi-port charger
- [ ] Power bank
- [ ] Car charger
- [ ] Kids tablets + headphones

On the road

- [ ] Car seats
- [ ] Stroller / carrier
- [ ] Snacks & water bottles
- [ ] Bags for trash & wet clothes
- [ ] Road-trip games

Documents & money

- [ ] IDs & driving license
- [ ] Booking confirmation
- [ ] Cards & cash

Extras:

- [ ] .....
- [ ] .....
- [ ] .....

Family Packing List

Trip Abroad For Parents

Documents

- [ ] Passports (valid 6+ months)
- [ ] Visa / e-entry permit if needed
- [ ] Travel insurance
- [ ] Boarding passes in app + copy
- [ ] Hotel & car bookings
- [ ] International driving permit

Money

- [ ] Credit cards (plus a spare)
- [ ] Digital wallet on phone
- [ ] Some local cash

Tech

- [ ] Phones + fast chargers
- [ ] Multi-port USB-C charger
- [ ] Power banks (carry-on only!)
- [ ] Universal plug adapter
- [ ] eSIM / roaming plan
- [ ] Offline maps & downloaded shows
- [ ] Kids tablets + headphones
- [ ] Luggage tracker (AirTag)

Health

- [ ] Regular meds (in carry-on)
- [ ] Pain relief & thermometer
- [ ] Motion-sickness meds
- [ ] Band-aids & antiseptic
- [ ] Sunscreen

Carry-on bag

- [ ] Change of clothes per kid
- [ ] Snacks & empty bottles
- [ ] Neck pillows & blankie
- [ ] Wipes & 100ml liquids bag
- [ ] Games, coloring & stickers

In the suitcase

- [ ] Daily outfits + warm layer
- [ ] Pajamas & swimsuits
- [ ] Comfy shoes
- [ ] Laundry bag
- [ ] Travel stroller / carrier

Extras:

- [ ] .....
- [ ] .....
- [ ] .....



Family Packing List



Camping For Parents

Sleeping

- [ ] Tent + pegs + mallet
- [ ] Sleeping bags
- [ ] Air mattresses + pump
- [ ] Pillows & blankets
- [ ] Headlamps & tent lantern

Camp kitchen

- [ ] Camp stove + gas + lighter
- [ ] Pot, pan & kettle
- [ ] Plates, cups & cutlery
- [ ] Cooler + ice packs
- [ ] Water: 4L per person per day
- [ ] Trash bags

Clothes

- [ ] Warm layers for night
- [ ] Rain jackets
- [ ] Warm socks & beanies
- [ ] Hiking shoes
- [ ] Sun hats

Power

- [ ] Portable power station / solar charger
- [ ] Charged power banks
- [ ] Cables
- [ ] Spare batteries

Health & safety

- [ ] First aid kit
- [ ] Sunscreen & bug spray
- [ ] Regular meds
- [ ] Pocket knife

Comfort

- [ ] Folding chairs
- [ ] Folding table
- [ ] Picnic mat
- [ ] Shade canopy

Extras:

- [ ] .....
- [ ] .....
- [ ] .....